



How can I help The Rock Ministries?

- Sponsor a resident monthly (Fees are \$100 a week)
- Make a one -time donation of:
\$ _____
- Make a monthly donation of:
\$ _____
- Prayer- By becoming a Prayer Warrior
- Mentoring- By becoming a Mentor
- Fuel- fund donations The Rock must provide transportation for all residents
- Support Group/Residential donations materials such as paper, workbooks, etc.
- Meals- I would like to volunteer by cooking meals for the residence
- Residential Facility Blessing List:

Twin Sheets/Blankets/Pillows	Personal Hygiene Items
Toilet Paper/Paper Towels	Laundry Detergent/Dryer Sheets